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Garlic Shrimp Pasta Recipe

Creamy garlic butter shrimp pasta is an elegant pasta dish with big flavors! It's so quick and easy, and perfect for a weeknight dinner as it's ready in just 15 minutes. Serve this for a Romantic date night, for a special occasion, or as a family meal. Either way, everyone will love it!

Author [Diana](#)  **Servings** 4 servings

Cook Time 15 minutes **Total Time** 15 minutes

Equipment

[Saucepan](#), [Skillet](#), [Spatula](#)

Ingredients

- ☐ 8 ounces (225 grams) **linguine pasta**
- ☐ 1 tablespoon [olive oil](#)
- ☐ 1 ½ tablespoons **butter** divided
- ☐ 1 pound (450 grams) **raw shrimp** buy frozen, peeled, and deveined shrimp
- ☐ ½ teaspoon **salt**
- ☐ ¼ teaspoon [ground black pepper](#)
- ☐ 1 tablespoon [Old bay seasoning](#) optional - or smoked paprika or cajun
- ☐ 1 clove **garlic** minced
- ☐ ½ cup (120 ml) **heavy cream** (double cream in the UK)
- ☐ ½ cup (40 grams) **parmesan cheese** grated
- ☐ ¼ cup **chopped fresh parsley** chopped

Instructions

- 1 In a medium-sized saucepan, boil water and salt it. Add your pasta, and cook according to the package instructions until al dente. When the pasta is cooked, reserve 1 cup of the pasta water and drain the pasta.
- 2 In a skillet over medium heat, melt 1 tablespoon of the butter, and add olive oil. Cook the shrimp for a minute, then season with salt, pepper, and Old Bay Seasoning or paprika if using.
- 3 Continue to cook the shrimp until it's pink. Do this in batches if you're worried that you may overcook the shrimp. Remove the shrimp onto a plate and set aside.
- 4 In the same pan, melt the remaining butter and add garlic, cook for 30 seconds or until it's fragrant. Add the heavy cream, and with the spatula deglaze the pan.
- 5 Add parmesan, let it melt then loosen the sauce with reserved pasta water and allow to simmer for a minute. Taste the sauce and see if more salt and pepper is needed.
- 6 Toss the pasta with the sauce until it's well coated. Add the shrimp back in to reheat it gently, garnish with freshly chopped parsley and serve.

Notes

- If you cook the shrimp from frozen, you will have liquid coming out and that's fine as it will take about a minute to simmer it down (not enough to overcook the shrimp). If possible, thaw the shrimp before cooking.
- Don't forget to reserve about a cup of the pasta cooking water, it's quite starchy and great for loosening up the sauce. You will most probably need much less than a cup, but to stay on the safe side I always reserve 1 cup and drain the rest.
- This pasta makes 4 normal servings, or 3 big ones.
- **Store** in the fridge in a sealed container for up to 3 days.
- **Reheat** the pasta in a skillet over low-medium heat, and add a splash of water to loosen the sauce. Do the same if using the microwave. I don't recommend freezing this creamy shrimp pasta.

Nutrition

Calories: 515kcal | Carbohydrates: 46g | Protein: 28g | Fat: 24g | Saturated Fat: 12g | Polyunsaturated Fat: 2g | Monounsaturated Fat: 8g | Trans Fat: 0.2g | Cholesterol: 196mg | Sodium: 1147mg | Potassium: 328mg | Fiber: 2g | Sugar: 3g | Vitamin A: 1213IU | Vitamin C: 6mg | Calcium: 259mg | Iron: 2mg

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